

# Travel and explore beautiful Lithuania

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# Welcome

You are probably reading this guide because you, or someone you care for, is a dialysis patient. As the world cautiously emerges from the COVID-19 pandemic, perhaps your thoughts have turned to travel, to holidays? If so, you are in the right place, because at Diaverum we believe travelling for pleasure is an enriching experience, increasing wellbeing for our patients and their families alike, and helping you to live the fulfilling life that you deserve. We have 14 clinics in Lithuania and our clinic staff can help at all steps of your holiday planning, from ideas of places to visit, to ensuring that you receive the best quality care at your destination. Small but extremely proud nation, with a rich history and unique traditions has plenty to offer and attracts visitors from all over the world.





Vilnius city center



# Visit Lithuania

**Lithuania – a beautiful country in the Baltic region located at the very center of Europe. Stunning natural sites, a unique mix of architectural styles and a complex culture all waiting to be explored.**

This is exactly the kind of destination to learn about a place you might know very little about. The greatest Lithuanian treasure is the nature - scenic lakes, gorgeous coast, and national parks are as worth seeing as our impressive cities. The variety of breathtaking places and warm local people will easily make you fall in love and feel inspired.

This brochure's purpose is to introduce you to the most worth-visiting places in Lithuania and Diaverum clinics near them, where we will be ready to provide you best quality of true care. Because everyone deserves to travel, enjoy vacations and live a fulfilling life.





# Vilnius - the capital of Lithuania

**Vilnius – Lithuania’s capital, a modern, homely and welcoming city full of creation and culture.** Known for its picturesque Old Town and rich history, Vilnius is quickly building a reputation as a fresh destination with dynamic arts, culture scenes, endless culinary delights and all kinds of events. The city is surrounded by lush green forests and has rivers winding right through the middle of the city. It occupies an area of around 400 square kilometers, of which only one fifth is developed and the remainder is green belt and water. For this reason, Vilnius is often referred to as one of the ‘greenest’ capital cities in Europe. It’s a very welcoming and spacious place where everyone feels comfortable but also no one feels too far from one another. The capital is dynamic and tranquil at the same time. Even at the busiest times during the day, when it appears rushing it is never chaotic. Many of the city’s most popular attractions can be found in the Old Town, which makes for an easy, pleasant walk. In fact, most of the city’s landmarks and facilities are within walking distance.



# Trakai - a city of history

**Trakai – a town in Lithuania, situated west of Vilnius between the hills, forests, and lakes.**

This place known for its impressive landscape and the legendary Trakai Castle, was a cradle of Lithuanian statehood, an important military and political center. The castle is famous for its gothic architecture and its special location – it stands on an island on Lake Galve, one of the deepest lakes in Lithuania and is the only Eastern European castle built on an island. It is believed that its construction started at the end of the 14th century. The view of the historic structure is straight out of a fairy tale. You can reach the castle by crossing the long wooden bridge and visit the museum inside to explore the exhibitions of the Grand Dukes of Lithuania, various archaeological findings as well as a collection of art. In the summer there are medieval festivals as well as various events and concerts in the castle's courtyard. Trakai resort area encompasses the natural resources for medical and wellness travelers such as a fine climate, pure air, green forests and lakes. All year round it is bustling with activity where visitors and locals enjoy fitness, health procedures, concerts and cultural attractions.

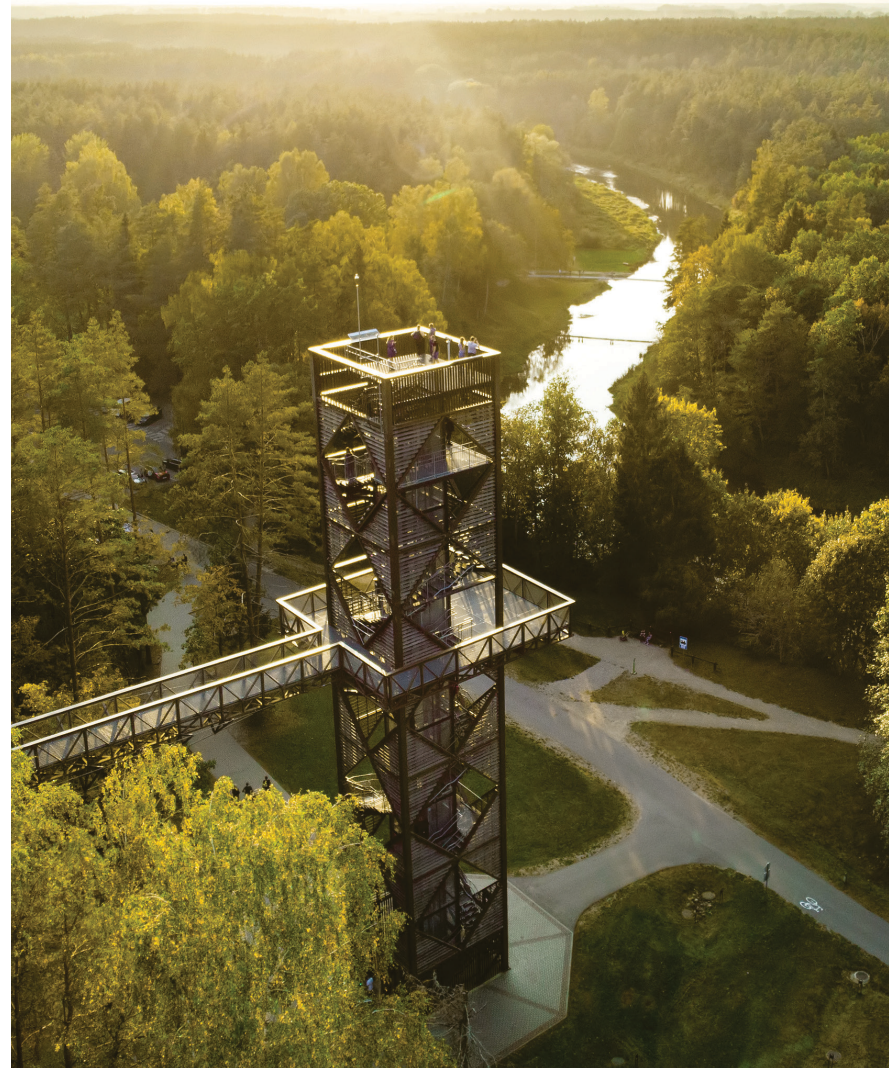
Trakai island castle



# Anykščiai - resort area

**Anykščiai – a resort town in Lithuania, that allures visitors with its blue lakes, forests, historical heritage and cultural events.**

The city is a perfect place for pure relaxation and harmony. Anykščiai region welcomes visitors with its beautiful scenery with green hills, lakeshore and impressive streams of the Šventoji river. Clean forests, indigenous mineral waters, and the favourable climate have been appreciated by many visitors for years now. Today Anykščiai is a city with a status of a resort area with many unique attractions. One of them is a beautiful Treetop Walking Path. The length of it is 300 meters. The path rises up gradually and reaches the height of up to 21-22 meters. Visitors also have the opportunity to climb up the 36 meter tower, observe the Anykščiai hills as well as the curves of Šventoji river. Anykščiai can also offer many more attractions for tourists that enjoy exploring new places.





Pažaislis Monastery



Kaunas Town Hall



# Kaunas - European Capital of Culture 2022

**Kaunas – an authentic, prosperous and second largest city in a midst of Lithuania.** The city is located at the confluence of the two largest Lithuanian rivers – Neris and Nemunas, and is situated at the crossroads of the most important Lithuanian roads. Due to those reasons Kaunas is Lithuania’s most important center of communication. The colorful city is famous by its street art and interwar architecture buildings that have survived to the present day. Wide-open squares, green streets and tree-lined avenues create surroundings that can match everybody’s moods. Kaunas is also proud of its great numbers of theatres, museums, colleges and universities, fine hotels, restaurants and bars. If you are open to new experiences and artistic adventures this city is for you. Kaunas was chosen as a European Capital of Culture in 2022, hosting more than 1000 events, so the culture is inescapable!

Klaipėda city



Klaipėda old town, Dane river



# Klaipėda - the only seaport city

**Klaipėda – Lithuania's third largest city, located in the north-western corner of the country.**

It is the Northernmost ice-free port in the Eastern coast of the Baltic Sea, and the only port in Lithuania. It is also the gateway to the Curonian Spit, a stretch of remarkable sand dunes. The perfect three words to describe the port city would be culture, tranquillity and creativity. Klaipėda astonishes with its rich cultural life and is arguably the most historically rich Lithuanian city that differs from the capital Vilnius and city Kaunas by its architectural style, buildings, and winding cobbled streets. Here you will discover lots of great coffee shops, museums, galleries and local restaurants while wandering through the old town.





Lithuanian seaside



# Lithuanian seaside

**The Lithuanian Baltic Sea coast is undoubtedly one of the most beautiful in all the Europe.**

White sand beaches, dunes, fresh pinewoods, washed ashore amber and incredible sunsets bring many tourists all year around. Even though the Lithuanian seaside is a hotspot for summer fun, there's plenty to do out of season. There are over 20 natural seaside marvels: national parks, nature reserves, and protected areas. Visit the incredible Curonian Spit, also known as the Baltic Sahara, that is a UNESCO world heritage site. The Baltic coastline with five Blue Flag beaches run for as many as far as 90 km. Discover the colours of Lithuanian seaside and spend your vacation amid the blue waves of the Baltic Sea beaches!

# Travel to Lithuania...

## Our dialysis centers

In our clinics, we offer excellent medical service as well as a friendly and welcoming environment to regenerate our patients both physically and emotionally and to enjoy their vacation to the fullest!

### Diaverum Vilnius

Date opened: 2002  
Number of dialysis stations: 14  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 52135838  
Via Mindaugo str. 23  
Email: vilnius@diaverum.com



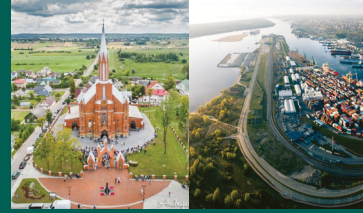
### Diaverum Kėdainiai

Date opened: 2002  
Number of dialysis stations: 8  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 34756136  
Via Josvainių g.36  
Email: kedainiai@diaverum.com



### Diaverum Kaišiadorys

Date opened: 2003  
Number of dialysis stations: 10  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 34660688  
Via Beržyno str. 27  
Email: kaisiadorys@diaverum.com



### Diaverum Plungė

Date opened: 2000  
Number of dialysis stations: 10  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 44871312  
Via Telšių str. 13  
Email: plunge@diaverum.com



### Diaverum Šeškinė (in Vilnius)

Date opened: 2007  
Number of dialysis stations: 10  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 52421777  
Via Ukmergės str. 223-1  
Email: seskine@diaverum.com

### Diaverum Kaunas

Date opened: 2002  
Number of dialysis stations: 17  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 37331537  
Via Savanorių av. 68  
Email: kaunas@diaverum.com

### Diaverum Klaipėda

Date opened: 2018  
Number of dialysis stations: 10  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 46345032  
Via S. Neries str. 20  
Email: klaipeda@diaverum.com

### Diaverum Kretinga

Date opened: 2018  
Number of dialysis stations: 10  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 44540455  
Via Vytauto str. 51-1  
Email: kretinga@diaverum.com



# ...& enjoy our stunning nature with incredible cities

## Diaverum Jurbarkas

Date opened: 2004  
Number of dialysis stations: 9  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 44751236  
Via Vydūno str. 56  
Email: jurbarkas@diaverum.com



## Diaverum Jonava

Date opened: 2009  
Number of dialysis stations: 9  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 34952743  
Via Žeimių str. 19  
Email: jonava@diaverum.com

## Diaverum Šalčininkai

Date opened: 2008  
Number of dialysis stations: 9  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 38051240  
Via Nepriklausomybės str. 38  
Email: salcininkai@diaverum.com



## Diaverum Kelmė

Date opened: 2012  
Number of dialysis stations: 9  
Free TV: yes  
Free Wi-Fi: yes  
Free transfer (to and from clinic): yes  
Refreshments provided: yes  
Tel: +370 42751782  
Via Birutės str. 7  
Email: kelme@diaverum.com



Find out more about our clinics and locations at [www.diaverum.lt](http://www.diaverum.lt)  
**Get in touch via [lietuva@diaverum.com](mailto:lietuva@diaverum.com)**



# Holiday Dialysis

Find and book your treatment anywhere

[www.d.holiday](https://www.d.holiday) 

Diaverum's holiday booking platform is the next stage in the company's digitalization strategy to provide an unparalleled degree of tailored, standardised, efficient, and high-quality care